

# Navigator

men's development programme

Getting the best out of your staff  
has never been more important



The Navigator Work and Personal Development Programme is the phenomenally successful development course for men.

Used by employers across the UK and overseas  
because it delivers results:

- Increased capacity to work with and embrace change
- Drive and ambition to take on more responsibilities
- A boost of self esteem and positivity
- Improved decision making and problem solving
- Highly motivated and focussed staff
- Improved employee engagement and customer service
- highly effective communication

thespringboard<sup>®</sup>consultancy

*growing people and organisations*

Winner of several awards for innovation and quality, the Springboard Consultancy's programmes enable people to give more and get more out of their work. They identify where they are going, and then develop the skills, 'can-do' attitude and the drive and focus to get on with it. All useful assets at any time, but especially valuable to organisations dealing with change.



## Who is Navigator for?

For all employers wanting the benefits of developing their staff. Of course, developing people is good management practice anyway, but there are countless organisational benefits as well by having staff full of drive, enthusiasm, ideas, skills and the motivation to succeed – especially in difficult times.

Navigator is designed to be effective for men from all backgrounds, ages and stages of their lives – be they manual, clerical, technical, administrative, medical, research or professional staff, or in the police or armed services.



Following Navigator, men are much more focussed on their careers, rather than seeing work as 'just a job'. It has broadened their horizons and shown how they can make things happen for themselves, rather than waiting for things to come to them.



MCL Group

## What does it consist of?

Delivered over three months, it consists of five simple, and yet powerful, ingredients, all grounded in reality:

1. The excellent Navigator workbook, regularly updated and covering all the material for the entire programme – there's no need for anything extra.
2. Four energising one-day workshops spread over three months. Staff are only out for one day a month.
3. Inspiring guest speakers – men that participants can really relate to, and who will bring their story to life.
4. The encouragement of effective networks within the group, so their progress becomes self-perpetuating.
5. A peer support system to maintain the momentum.

## How do you access Navigator?

The Navigator programme is delivered exclusively by trainers who are especially trained and licensed by the Springboard Consultancy. This means you get the best value from the programme. Contact us to find a trainer to deliver a programme for you, or visit our website to find a trainer in your local area. [www.springboardconsultancy.com/trainer-map.html](http://www.springboardconsultancy.com/trainer-map.html)





## What results can you expect?

The results relate to the objectives each man sets himself on the first workshop. Many men use the programme to get results at work, such as new qualifications, promotions, new skills, a new attitude to change and a massive boost of energy, motivation and determination.

Others focus on results in their personal life, such as sorting out difficult relationships, improving health, dealing with stress and gaining a work/life balance.

Some men steam up their career ladder after attending the Navigator development programme for men, whilst others stay in the same job but with an invigorated sense of purpose and a more positive attitude.

Here is a selection of the impressive results you can expect:

84% of past participants say they have 'a **more positive attitude**' since attending the Navigator development programme for men.

82% say they have '**better decision making**' skills

82% say they have '**better communication skills**'

29% have received a performance related pay increase or bonus for which they credit the Navigator development programme for men.

## What about a programme for women?

The Springboard Women's Development Programme for women does exactly the same job as Navigator – but for women. For added benefit, run both programmes. Contact us for details.

“ Navigator is one way men can develop a much needed new sense of identity at work as well as a better balance between home and work. ”  
The Independent





The Navigator Men's Development Programme has been used by men inside many organisations throughout the UK. They include:

Britannia Building Society  
Cambridge University  
Cambridgeshire Constabulary  
CSCI  
Cumbria Constabulary  
Department of Work and Pensions  
Derbyshire County Council  
Dorset Police  
First Trust Bank  
Gwent Police  
Lancashire Constabulary  
MITIE Group  
MOD  
Nottingham Trent University  
Oxford University  
Royal Borough of Kensington and Chelsea  
Royal Mail  
Shropshire County Council  
South Wales Police  
Suffolk Constabulary  
University of London

“ I have developed as a person, partner, colleague, future manager and father. The skills this course has given me and the belief and confidence I have developed will have a positive and beneficial effect on my life both at work and home. ”  
Steve Ansel, Dorset Fire and Rescue Service

## The Springboard Consultancy

The Springboard Consultancy is a well-established, specialist training consultancy with an exemplary reputation for producing leading-edge, pragmatic and cost-effective programmes for a wide range of client organisations. With an environmentally-friendly residential training centre and office in the UK, the Springboard Consultancy delivers a range of innovative programmes, in 30 countries around the world, through an international network of licensed trainers.



“ Navigator is a fundamental part of our programme to equip younger or more junior staff with the skills and confidence they will need for more senior jobs with us or elsewhere.

Royal Borough of Kensington and Chelsea

The Navigator Programme is an innovation in personal and professional development.

SOAS - University of London

We use Springboard and Navigator as it boosts substantially the personal and professional development of our staff. ”

First Trust Bank

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